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Full of solid information and straight talk, When Nothing Matters Anymore defines and explains adolescent depression, reveals how common it is, describes the symptoms, and spreads the good news that depression is treatable. Personal stories, photos, and poetry from teens dealing with depression speak directly to readers'™ feelings, concerns, and experiences.

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written by Bev Cobain. By a mental health professional who has lived with depression and suicide, including that of her cousin, rock star Kurt Cobain, this is a survival guide for struggling teens.

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